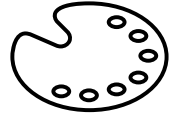




# City of SACRAMENTO

Youth, Parks, & Community Enrichment



Community programs for young adults and adults with intellectual  
and/ or developmental disabilities.

## September 2024

Program	Date & Time	Location	Important Program Details
<b>Get Fit: Zumba</b> Access Leisure would like to introduce Zumba into our programs. Come join us for Zumba and dance while exercising. <b>Activity:27067</b>	Wednesday, September 4 <sup>th</sup> 6:00pm – 7:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	September 4 <sup>th</sup> : \$10 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 9/3/24</i>
<b>Social Day at the Park</b> Come hangout with Access Leisure at the park. Care for outdoor activities, board games, music, walking, and sports. Access Leisure will be waiting for you. <b>Activity: 27068</b>	Wednesday, September 11 <sup>th</sup> 6:00pm – 8:00pm	McKinley Park 3330 McKinley Blvd, Sacramento, CA 95816  <b>Pick up/drop off will be in front of Clunie Community Center</b>	September 11 <sup>th</sup> : \$12 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 9/10/24</i>
<b>Aqua Aerobics &amp; Swim</b> Join Access Leisure for a fun time at the pool. We will start off with some swimming exercise followed by a free swim. <b>Activity:27071</b>	Sunday, September 15 <sup>th</sup> 10:00am-12:00pm  Participants may arrive as early as 9:45am. Bleacher seating is available.	Pannell Meadowview Pool 2450 Meadowview Road, Sacramento, CA 95832  <b>Drop off &amp; pick up: In front of the Pool building (located between the Community Center and the River Cats Independence Field)</b>	September 15 <sup>th</sup> : \$12 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 9/13/24</i>
<b>River Cats Game</b> Come one, come all baseball fans and root, root, root for the home team! Join us at Sutter Health Park as the River Cats vs Sugar Land Space Cowboys <b>Activity: 26583</b>	Tuesday, September 17 <sup>th</sup> 6:00pm-9:30pm  <b>Parents/caregivers who are interested in attending will have to register</b>	Sutter Health Park 400 Ballpark Dr. West Sacramento, 95691  <b>Pick up/Drop off will Sutter Health Park Box Office</b>	September 17 <sup>th</sup> : \$35 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 9/9/24</i>
<b>Paint &amp; Sip</b> Join us for a great night of painting. Come and paint with your favorite people from Access leisure and spend time with your peers. <b>Activity: 27070</b>	Wednesday, September 18 <sup>th</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	September 18 <sup>th</sup> : \$18.00 per person, <a href="#">Click or tap here to register</a> <i>Last day to register:9/16/24</i>
<b>Farmers Market Trip</b> Access Leisure would like to invite you to join us for our community trip to visit the local farmers market in William Land Park. Bring money to purchase items to buy. <b>Activity:27069</b>	Sunday, September 22 <sup>nd</sup> 9:00am-11:00am	William Land Park 3800 William Land Dr, Sacramento, CA 95822  <b>Pick up/Drop off will be in front of Fairytale town</b>	September 22 <sup>nd</sup> : \$12 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 9/20/24</i>
<b>Talent Show</b> Would you like to showcase your talent? Access Leisure would like to invite you to our talent show. Come perform your sings, dances, jokes, skits, and many more.	Wednesday, September 25 <sup>th</sup> 6:00pm-8:30pm  <b>Activity: 27072</b>	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	September 25: \$13.00 per person, <a href="#">Click or tap here to register</a> <i>Last day to register:9/25/24</i>

<p><b>Fall Formal Dance</b> Access Leisure will be hosting a Fall Formal Dance. Come dress with your suit &amp; ties and dresses. Come dress to impress and get ready to dance. <b>Activity:27073</b></p>	<p>Saturday, September 28<sup>th</sup> 6:00pm-8:30pm</p>	<p>Hart Senior Center 915 27<sup>th</sup> Street, Sacramento, CA 95816</p>	<p>September 28: \$17.00 per person, <a href="#">Click or tap here to register</a> <i>Last day to register:9/26/24</i></p>
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# October 2024

Program	Date & Time	Location	Important Program Details
<p><b>Get Fit: Line Dance</b> Access Leisure would like to introduce Line Dancing into our fitness programs. Join us and learned how to line dance so can show off your dance moves. <b>Activity:27074</b></p>	Monday, October 7 <sup>th</sup> 6:00pm – 7:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	October 7 <sup>th</sup> : \$10 per person, <a href="#">Click or tap here to register</a> Last day to register: 10/4/24
<p><b>Social Game Night</b> Join us for social game night of board games, puzzles, coloring, or socialize with your peers. <b>Activity: 27075</b></p>	Wednesday, October 9 <sup>th</sup> 6:30pm – 8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	October 9 <sup>th</sup> : \$13 per person, <a href="#">Click or tap here to register</a> Last day to register: 10/8/24
<p><b>Halloween Dance</b> Access Leisure would like to invite you to join us for our Halloween Dance. Come dress in your best costume and dance with your peers. <b>Activity: 27079</b></p>	Saturday, October 12 <sup>th</sup> 6:00pm-8:30pm	North Natomas Community Center 2631 New Market Drive, Sacramento, CA 95835	October 12 <sup>th</sup> : \$17 per person, <a href="#">Click or tap here to register</a> Last day to register: 10/11/24
<p><b>Arts &amp; Crafts</b> Access Leisure will be hosting a Halloween theme arts &amp; crafts. We would like to invite you to attend our event. <b>Activity: 27076</b></p>	Wednesday, October 16 <sup>th</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	October 16 <sup>th</sup> : \$18 per person, <a href="#">Click or tap here to register</a> Last day to register: 10/15/24
<p><b>Shop &amp; Lunch at Old Sac</b> Let's enjoy the festive activities in Old Sac. Join us for shopping and lunch in Old Sac. <b>Activity: 27077</b></p>	Saturday, October 19 <sup>th</sup> 9:30am-1:30pm  Bring your own money to purchase items and lunch.	River Boat Cruise 1206 Front St, Sacramento, CA 95814  <b>Pick up/drop off will be in front of the River Boat Cruise location.</b>	October 19 <sup>th</sup> : \$15.00 per person, <a href="#">Click or tap here to register</a> Last day to register:10/17/24
<p><b>Casino Night</b> Who's ready to hit the jackpot. Casino night makes it return and what a better way to test your luck with are casino games. Earn tickets to win prizes. <b>Activity: 27078</b></p>	Wednesday, October 23 <sup>rd</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	October 23 <sup>rd</sup> \$13.00 per person, <a href="#">Click or tap here to register</a> Last day to register:10/21/24
<p><b>Movie &amp; Pizza</b> Join us for movie &amp; pizza. We will be watching Despicable 4. Join us for a wonderful movie night. <b>Activity: 27080</b></p>	Wednesday, October 30 <sup>th</sup> , 6:00pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	October 30 <sup>th</sup> : \$13.00 per person, <a href="#">Click or tap here to register</a> Last day to register:10/28/24

# November 2024

Program	Date & Time	Location	Important Program Details
<b>Get Fit: Zumba</b> Access Leisure would like to introduce Zumba into our programs. Come join us for Zumba and dance while exercising. <b>Activity:27081</b>	Wednesday, November 6 <sup>th</sup> 6:00pm – 7:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	November 6 <sup>th</sup> : \$10 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 11/5/24</i>
<b>Social Game Night</b> Join us for social game night of board games, puzzles, coloring, or socialize with your peers. <b>Activity: 27083</b>	Wednesday, November 13 <sup>th</sup> 6:30pm – 8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	November 13 <sup>th</sup> : \$13 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 11/12/24</i>
<b>Thanksgiving Dance &amp; Dessert</b> Access Leisure would like to invite you to join us for our Thanksgiving Dance & Dessert. Dance to your favorite tunes and enjoy some pies to eat. <b>Activity: 27085</b>	Saturday, November 16 <sup>th</sup> 6:00pm-8:30pm	North Natomas Community Center 2631 New Market Drive, Sacramento, CA 95835	November 16 <sup>th</sup> : \$21 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 11/14/24</i>
<b>Karaoke Night</b> Show off your amazing singing skills at Access Leisure's karaoke night. Sing your favorite songs in front of your peers. <b>Activity: 27086</b>	Monday, November 18 <sup>th</sup> 6:00pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	November 18 <sup>th</sup> : \$13 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 11/15/24</i>
<b>Bingo</b> Bingo is here. One of Access Leisure's favorite program is back. Join us for a time of bingo and win prizes. <b>Activity: 27089</b>	Wednesday, November 20 <sup>th</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	November 20 <sup>th</sup> : \$13.00 per person, <a href="#">Click or tap here to register</a> <i>Last day to register:11/18/24</i>
<b>Paint &amp; Sip</b> Join us for a great night of painting. Come and paint with your favorite people from Access leisure and spend time with your peers. <b>Activity: 27090</b>	Monday, November 25 <sup>th</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	November 25 <sup>th</sup> \$18.00 per person, <a href="#">Click or tap here to register</a> <i>Last day to register:11/22/24</i>

# December 2024

Program	Date & Time	Location	Important Program Details
<b>Movie &amp; Pizza</b> Join us for movie & pizza. We will be watching Elf. Join us for a wonderful movie night. <b>Activity:27092</b>	Wednesday, December 4 <sup>th</sup> 6:00pm – 8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	December 4th: \$13 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 12/3/24</i>
<b>Shopping &amp; Dinner at Arden Mall</b> Join Access Leisure for our annual holiday shopping trip to Arden Mall. Bring money to purchase holiday gift and dinner. <b>Activity: 27096</b>	Monday, December 9 <sup>th</sup> 5:00pm – 8:00pm  <b>We will be eating first before shopping.</b>	Forever 21 1689 Arden Way Ste 1000 Sacramento, CA 95815  <b>Pick up/Drop off will be in front of Forever 21.</b>	December 9th: \$15 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 12/8/24</i>
<b>Bingo</b> Bingo is here. One of Access Leisure's favorite program is back. Join us for a time of bingo and win prizes. <b>Activity: 27097</b>	Wednesday, December 11 <sup>th</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	December 11th: \$12 per person, <a href="#">Click or tap here to register</a> <i>Last day to register: 12/9/24</i>
<b>Holiday Concert</b> Access Leisure and the K Street Orchestra would like to welcome you to the annual holiday concert. Join us and sing or dance along to your favorite holiday tunes. <b>Activity: 27376</b>	To be Determined  More information will be provided in a later date.	North Natomas Community Center 2631 New Market Drive, Sacramento, CA 95835	Price: \$8 <a href="#">Click or tap here to register</a>
<b>Holiday Arts &amp; Crafts</b> Join us for a winter theme craft project to celebrate the holiday season. <b>Activity: 27099</b>	Wednesday, December 18 <sup>th</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	December 18th: \$18.00 per person, <a href="#">Click or tap here to register</a> <i>Last day to register:12/16/24</i>

## For Over the Phone Registration:

**Please call:** David Madrigal, Customer Service Assistance M-F from 8am-5pm.

Phone: (916) 808-5462

## In-Person Registration:

Coloma Community Center, 4623 T Street, Sacramento, CA 95816 (Monday – Thursday, 9am-4pm)

Pannell Meadowview Community Center, 2450 Meadowview Road, Sacramento, CA 95832 (Monday – Friday, 9am-6pm)

South Natomas Community Center, 2921 Truxel Road, Sacramento, CA 95833 (Monday – Thursday, 9am-4pm)

## Registrations must be received 3 days prior to the event date.

1. Be aware that mailing in registrations does not guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$15 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.

**If you have questions, contact Sy Vue at (916) 808-7970 or [svue1@cityofsacramento.org](mailto:svue1@cityofsacramento.org).**

## Community Notes

- For adult programs or volunteer opportunities, contact Sy Vue: [svue1@cityofsacramento.org](mailto:svue1@cityofsacramento.org).
- For Adaptive Sports, contact Kou Yang: [KYang2@cityofsacramento.org](mailto:KYang2@cityofsacramento.org).
- For youth & teen programs, contact Paige Domgaard: [PDomgaard@cityofsacramento.org](mailto:PDomgaard@cityofsacramento.org).