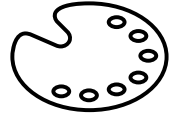




# City of SACRAMENTO

Youth, Parks, & Community Enrichment



Community programs for young adults and adults with intellectual  
and/ or developmental disabilities.

## July 2024

Program	Date & Time	Location	Important Program Details
<b>Healthy Lifestyles: Get Fit</b> Join Access Leisure in our fitness journey as we start going towards a healthy lifestyle. Earn tickets to a raffle for prizes by attending and participating in our fitness program. <b>Activity:26627</b>	Monday, July 8 <sup>th</sup> 6:00pm – 7:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	July 8 <sup>th</sup> : \$7 per person, <a href="#">Click or tap here to register</a> Last day to register: 7/7/24
<b>Social Day at the Park</b> Come hangout with Access Leisure at the park. Care for outdoor activities, board games, music, walking, and sports. Access Leisure will be waiting for you. <b>Activity: 26628</b>	Wednesday, July 10 <sup>th</sup> 7:00pm – 8:30pm	William Land Park 3800 W Land Park Dr, Sacramento, CA 95822  <b>Pick up/Drop off will be at Fairytale Town.</b>	July 10 <sup>th</sup> : \$8 per person, <a href="#">Click or tap here to register</a> Last day to register: 7/9/24
<b>Aqua Aerobics &amp; Swim</b> Summer is here!!! Join Access Leisure for a fun time at the pool. We will start off with some swimming exercise followed by a free swim. <b>Activity: 26629</b>	Sunday, July 14 <sup>th</sup> 10:30am-12:00pm  Participants may arrive as early as 10:15am. Bleacher seating is available.	Pannell Meadowview Pool 2450 Meadowview Road, Sacramento, CA 95832  <b>Drop off &amp; pick up: In front of the Pool building (located between the Community Center and the River Cats Independence Field</b>	July 14 <sup>th</sup> : \$12 per person, <a href="#">Click or tap here to register</a> Last day to register: 7/12/24
<b>Healthy Lifestyles: Get Fit</b> Join Access Leisure in our fitness journey as we start going towards a healthy lifestyle. Get Fit will be heading outdoors. We will partake in walking and outdoor fitness. <b>Activity:26632</b>	Wednesday, July 17 <sup>th</sup> 7:00pm-8:30pm	William Land Park 3800 W Land Park Dr, Sacramento, CA 95822  <b>Pick up/Drop off will be at Fairytale Town.</b>	July 17 <sup>th</sup> : \$7 per person, <a href="#">Click or tap here to register</a> Last day to register: 7/15/24
<b>Adult Social Game Night</b> Join us for social game night of board games, puzzles, coloring, or socialize with your peers. <b>Activity: 26633</b>	Monday, July 22 <sup>nd</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	July 22 <sup>nd</sup> : \$8 per person, <a href="#">Click or tap here to register</a> Last day to register: 7/20/24
<b>River Cats Game</b> Come one, come all baseball fans and root, root, root for the home team! Join us at Sutter Health Park as the River Cats vs Reno Aces <b>Activity: 26581</b>	Tuesday, July 30 <sup>th</sup> 6:00pm-9:30pm	Sutter Health Park 400 Ballpark Dr. West Sacramento, 95691  <b>Pick up/Drop off will Sutter Health Park Box Office</b>	July 30 <sup>th</sup> : \$35.00 per person, <a href="#">Click or tap here to register</a> Last day to register:7/22/24
<b>Paint &amp; Sip</b> Join us for a great night of painting. Come and paint with your favorite people from Access leisure and spend time with your peers. <b>Activity: 26634</b>	Wednesday, July 31 <sup>st</sup> 6:30pm-8:30pm	Hart Senior Center 915 27 <sup>th</sup> Street, Sacramento, CA 95816	July 31 <sup>st</sup> : \$15.00 per person, <a href="#">Click or tap here to register</a> Last day to register:7/29/24

Online registration is the most efficient way to register for these programs. The links are in each row listed above (in the 4<sup>th</sup> column, under "Important Program Details").

**If you are unable to register online, here are some additional options:**

To register, please fill out the following form completely and send it in with your check payment. If the program is full when we receive your check, we will contact you directly to let you know.

**\*NOTE: If you need more room to list full names, please attach a separate piece of paper.**

Name(s) \_\_\_\_\_ Age \_\_\_\_\_ M/F \_\_\_\_\_ Number Attending \_\_\_\_\_

**Current Address** \_\_\_\_\_

Care Home/Facility (if applicable) \_\_\_\_\_ Email \_\_\_\_\_

**Current Phone Numbers:**

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Emergency # \_\_\_\_\_

Support Needs (wheelchair, meds, dietary, etc.) \_\_\_\_\_

<input checked="" type="checkbox"/>	Program and Date	Cost	# of People Attending	Total	Activity #
	Healthy Lifestyles: Get Fit (7/8)	\$7.00	#	= \$	26627
	Social Day at the Park (7/10)	\$8.00	#	= \$	26628
	Aqua Aerobics & Swim (7/14)	\$12.00	#	= \$	26629
	Healthy Lifestyles: Get Fit (7/17)	\$7.00	#	= \$	26632
	Adult Social Game Night (7/22)	\$8.00	#	= \$	26633
	River Cats Game (7/30)	\$35.00	#	= \$	26581
	Paint & Sip (7/31)	\$15.00	#	= \$	26634

**If using a Visa or Mastercard please indicate the following:**

Name on Card being used: \_\_\_\_\_

Visa or Master Card # \_\_\_\_\_ Exp. date \_\_\_\_\_

**Total Amount Enclosed (or charged) = \$ \_\_\_\_\_**

**\*OFFICE USE ONLY:**

Processing Date: \_\_\_\_\_ Payment Form: \_\_\_\_\_ Check/MO# \_\_\_\_\_ Payment Amount: \_\_\_\_\_

**For Over the Phone Registration:**

**Please call:** David Madrigal, Customer Service Assistance M-F from 8am-5pm.

Phone: (916) 808-5462

**In-Person Registration:**

Coloma Community Center, 4623 T Street, Sacramento, CA 95816 (Monday – Thursday, 9am-4pm)

Pannell Meadowview Community Center, 2450 Meadowview Road, Sacramento, CA 95832 (Monday – Friday, 9am-6pm)

South Natomas Community Center, 2921 Truxel Road, Sacramento, CA 95833 (Monday – Thursday, 9am-4pm)

**Registrations must be received 3 days prior to the event date.**

1. Be aware that mailing in registrations does *not* guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.

**If you have questions, contact Sy Vue at (916) 808-7970 or [svue1@cityofsacramento.org](mailto:svue1@cityofsacramento.org).**

**Community Notes**

- For adult programs or volunteer opportunities, contact Sy Vue: [svue1@cityofsacramento.org](mailto:svue1@cityofsacramento.org).
- For Adaptive Sports, contact Kou Yang: [KYang2@cityofsacramento.org](mailto:KYang2@cityofsacramento.org).
- For youth & teen programs, contact Paige Domgaard: [PDomgaard@cityofsacramento.org](mailto:PDomgaard@cityofsacramento.org).