

2025 Spring Lifeguard Prerequisite Skills Workshops

Session	Date	Time	Day	Location	Activity Code
Workshop 1	2/22/2025	11:00am - 1:00pm	Saturday	North Natomas Aquatic Center 2601 New Market Dr.	29034
Workshop 2	3/8/2025	11:00am - 1:00pm	Saturday	North Natomas Aquatic Center 2601 New Market Dr.	29010
Workshop 3	3/14/2025	4:00pm - 6:00pm	Friday	North Natomas Aquatic Center 2601 New Market Dr.	29041
Workshop 4	4/18/2025	4:00pm - 6:00pm	Friday	North Natomas Aquatic Center 2601 New Market Dr.	29042