

Spring 2025 Lifeguard Instructor Training Course

Date	Days & Times	Location	Activity Code	Cost
3/7 - 3/9	Friday 4pm-8pm, Saturday & Sunday 9am-6:30pm	North Natomas Aquatic Center 2601 New Market Dr.	29150	\$310

Spring 2025 Lifeguard Instructor Review Courses

Date	Days & Times	Location	Activity Code	Cost
15-Mar	Saturday 9am-6:30pm	North Natomas Aquatic Center 2601 New Market Dr.	29206	\$125
6-Sep	Saturday 9am-6:30pm	North Natomas Aquatic Center 2601 New Market Dr.	29207	\$125