

City of Sacramento Employees – Did You Know?

Aflac Group Accident, Critical Illness, and Hospital Indemnity insurance plans offer benefits simply for taking advantage of wellness/health screening tests performed as the result of preventive care, including tests and diagnostic procedures ordered in connection with routine examinations.

Accident Wellness Benefit

\$60 - payable once per insured, per calendar year for the covered employee, spouse, and dependent children.

Critical Illness Health Screening Benefit

\$50 - payable once per insured, per calendar year for the covered employee and spouse only; dependent children are not eligible. A \$200 Mammography Benefit is also included.

Hospital Indemnity Health Screening Benefit

\$50 - payable once per insured, per calendar year for the covered employee, spouse, and dependent children. Benefit for the covered employee, spouse and dependent children, payable once per calendar year per insured, along with a \$100 Mammography Benefit*.

Covered Wellness/Health Screening Tests include, but are not limited to, the following:

- Annual physical
- Blood screening
- Blood test for triglycerides
- Bone marrow testing
- Breast ultrasound
- CA 15-3 (blood test for breast cancer)
- CA 125 (blood test for ovarian cancer)
- CEA (blood test for colon cancer)
- Chest X-ray
- Colonoscopy
- DNA stool analysis
- Eye examinations
- Immunizations
- Fasting blood glucose test
- Flexible sigmoidoscopy
- Hemocult stool analysis
- HIV test performed via nucleic acid test (NAT)
- HPV test performed via pap smear
- Human Coronavirus testing
- Pap smear
- PSA (blood test for prostate cancer)
- Serum cholesterol test to determine level of HDL and LDL
- Serum protein electrophoresis (blood test for myeloma)
- Spiral CT screening for lung cancer
- Stress test on a bicycle or treadmill
- Thermography
- Ultrasounds



For more information about policy benefits / limitations / exclusions, contact **Marlana Skinner (CA license number 4262935)** at marlana_skinner@us.aflac.com or **917-531-9261**.

For 24/7 service, you may also scan the QR code. Select **Log In/Register > choose Individuals > follow the prompts for assistance > download the MyAflac® mobile app**.

In California, coverage is underwritten by
Continental American Life Insurance Company.



City of
SACRAMENTO

*Residents of Massachusetts are not eligible for the Hospital Indemnity Health Screening Benefit.

This is a brief product overview only. The plan has limitations and exclusions that may affect benefits payable. Refer to the plan for complete details, limitations, and exclusions. Continental American Insurance Company (CAIC), a proud member of the Aflac family of insurers, is a wholly-owned subsidiary of Aflac Incorporated and underwrites group coverage. CAIC is not licensed to solicit business in New York, Guam, Puerto Rico, or the Virgin Islands.

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